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IABC INTERNATIONAL ASSOCIATION
OF BUSINESS COMMUNICATORS

TORONTO



THE INSIDER'S GUIDE TO SHOPPING IN TORONTO

You'll find many more stores in Toronto than are listed here, but the recommendations in this guide are based on the personal adventures of IABC/Toronto's own members. The recommended stores are mostly a short walk or transit ride away from the Sheraton Centre. You'll find more suggestions at BlogTO.com, <http://www.torontolife.com/> and www.yelp.ca.

Thanks so much to Christina Scicluna Wong for her shopping expertise, and to Teri McMahon, R.G.D., for the layout. Enjoy!

Sue Horner, editor

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SHOPPING AREAS

You can shop in Toronto seven days a week. Where an area has specific hours, these are noted below. For information on transit routes and schedules, call the [Toronto Transit Commission](http://www.ttc.com) (TTC) at 416-393-4636; fares are \$3 cash.

[Eaton Centre](#)

If you're sneaking out between conference sessions and have limited time, your best bet is the Eaton Centre. From the Sheraton, it's just a few minutes' walk east to Yonge St. The mall holds more than 230 retailers, restaurants and services. Open weekdays from 10 a.m. to 9:30 p.m.; Saturdays from 9:30 a.m. to 9:30 p.m.; and Sundays, 10 a.m. to 7 p.m.

[Distillery District](#)

The historic Distillery District is home to theatres, galleries, boutiques and restaurants. Grab a taxi or plan on at least a 25-minute walk from the Sheraton. Hours of operation are Monday through Friday, 11 a.m. to 7 p.m.; Saturday, 10 a.m. to 8 p.m.; and Sunday, 11 a.m. to 6 p.m.

[Kensington Market](#)

Kensington Market offers vintage shops, books, rare vinyl and CDs, independent designers and inexpensive basics. It's about a 25-minute walk from the Sheraton. The market is open seven days a week, with best shopping between 11 a.m. and 7 p.m.

[King Street West](#)

King Street is a major east/west commercial thoroughfare marked by edgy design, antique and vintage shops. From the Sheraton, it's about a 20-minute walk.

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SHOPPING AREAS continued

[Little Italy](#)

This trendy district has a warm, European atmosphere. Most of the shopping ~ for innovative Canadian designs, hip fashion and more ~ plus restaurants and bars are found along College St. It's about a 45-minute walk from the Sheraton.

[Queen Street West](#)

Queen St. W. is where you go to find everything trendy, artsy and funky. It covers roughly Yonge St. to Bathurst St. and beyond and is about a 20-minute walk.

[St. Lawrence Market](#)

More than 120 specialty merchants meet at Front St. and Jarvis St. Take a cab. Open Tuesday to Thursday from 8 a.m. to 6 p.m. and Friday 8 a.m. to 7 p.m. There is also a farmers' market Saturdays from 5 a.m. to 3 p.m. and an antique market Sundays from 5 a.m. to 5 p.m.

[Yorkville](#)

This area has been compared to Fifth Avenue in New York, Rodeo Drive in Los Angeles and the Magnificent Mile in Chicago. The area is lined with labels such as Gucci, Hermes and Prada and Canadian retail icons Harry Rosen and Holt Renfrew.

DEPARTMENT STORES

Toronto's big department stores offer one-stop shopping for accessories, cosmetics, clothing, jewelry, housewares and more.

[Holt Renfrew / Yorkville](#)

50 Bloor St. W. at Bay St.
416-922-2333

The Canadian equivalent of Saks in New York, or Harrods in London. If it's a big designer name, you'll find it here.

[Hudson's Bay / Yonge St.](#)

176 Yonge St. at Queen St.
416-861-9111

The flagship store of the iconic Hudson's Bay Company chain is just down the street from the Sheraton. Includes TopShop and TopMan, and one of the world's largest women's shoe departments.

SHOPPING RECOMMENDATIONS

If you're shopping for something specific, here are the stores (and areas where you'll find them) recommended by IABC/Toronto members. Where stores have more than one location, we've listed the closest one.

ACCESSORIES / JEWELRY

[Accessity / Yorkville](#)

136 Cumberland St.
416-972-1855

Jewelry, scarves, gloves, belts, hats, hosiery.

[Big It Up / Eaton Centre](#)

220 Yonge St.
416-597-6773

Men's and women's hats and accessories.

[Cat's Cradle / Yonge St.](#)

596 Yonge St. near College
416-920-8216

Funky well-priced jewelry and unique women's clothing.

[Distill / Distillery](#)

55 Mill St.
416-304-0033

Canadian-designed and -made jewelry, ceramics, art, accessories and clothing.

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ACCESSORIES / JEWELRY continued

[Eko](#) / Queen St. W.

288 Queen St. W.
416-593-0776
Everything from Lucite bangles to diamond earrings.

[Daniel Espinoza](#) / Yorkville

21 Avenue Rd.
416-323-9127
A showcase for this Mexican designer. Mostly sterling silver, often with unique materials and colours.

[Kumari's](#) / Yorkville

94 Cumberland St.
416-324-9830
Hand-dyed pashminas in every colour, silk and cashmere scarves, sweaters, jewelry.

[Lilliput Hats](#) / Little Italy

462 College St.
416-536-5933
Ready-made, custom and couture hats for men and women. Fascinators and bridal. Canadian-made.

[Love of Mine](#) / Queen St. W.

781 Queen St. W.
416-369-4999
Affordable and on-trend pieces such as bib necklaces and hair bands.

[Made You Look](#) / Queen St. W.

1338 Queen St. W.
416-463-2136
Eclectic mix of jewelry from Toronto's Sarah Hamel. The store also stocks pieces from more than 100 local artisans.

[Anne Sportun](#) / Queen St. W.

742 Queen St. W.
416-363-4114
Wearable works of art handmade by designer Anne Sportun. Also located at the AGO.

[Stolen Riches](#) / Queen St. W.

734 Queen St. W.
647-428-7497
Shoe laces, lapel pins, pocket squares.

[Tiffany & Co.](#) / Yorkville

85 Bloor St. W.
416-921-3900
Sterling silver, gold plus gifts and stationery.

[Toronto Antiques on King](#) / King St.

284 King St. W.
416-260-9057
Jewelry, silver, decorative accessories and one-of-a-kind gifts.

BOOKS

[Ben McNally Books](#) / Downtown core

366 Bay St.
416-361-0032
A small, gorgeous bookshop with a well-edited selection. There is a Ben McNally, and he's happy to recommend books. Watch for events with authors. Closed Sundays.

[Book City](#) / Greek Town

348 Danforth Ave. (near Chester subway station)
Billed as "Toronto's leading independent bookstore" and "comfortable, classy and cheap."

[Type Books](#) / Queen St. W.

883 Queen St. W.
416-366-8973
Check the website for an adorable book animation, "The Joy of Books."

CHILDREN'S

[Baby on the Hip](#) / Little Italy

786 College St.
647-427-1484
Baby products chosen based on sustainability, non-toxicity, quality and style.

[BB Buggy](#) / Yorkville

10 Yorkville Ave.
416-963-8168
Stylish and innovative clothing, gear, toys and more.

[Disney Store](#) / Eaton Centre

416-348-0180
220 Yonge St.
The latest in Disney toys, clothes and collectibles.

[Fab Baby Gear](#) / Greek Town

286 Danforth Ave.
416-883-2369
Eco-friendly, quality, healthy clothing, toys and other products.

[Kidding Around Toys and Gifts](#) / Yorkville

91 Cumberland St.
416-926-8996
Rainbow Loom kits, moustache pacifiers, Lego, wind-up chattering teeth, games, puzzles, costumes, candy and more.

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CHILDREN'S continued

[Kol Kid](#) / Queen St. W.

674 Queen St. W. at Bathurst St.
416-681-0368

An independent children's store carrying "playful" clothing, shoes, books and handmade toys for infants and toddlers.

[Mini Mioche](#) / Queen St. W.

795 Queen St. W.
647-348-5883

Baby basics made of organic cotton and other eco-friendly fabrics. Made in Canada. Sizes newborn to six years. Footwear and accessories, too.

[Roots Kids Canada](#) / Eaton Centre

220 Yonge St.
416-593-9640

Tees, hoodies, pants and more for babies, toddlers and kids.

COSMETICS

[Sephora](#) / Eaton Centre

220 Yonge St.
416-595-7227

Beloved French beauty chain that is candyland for cosmetic fans!

[Shoppers Drug Mart](#) / Eaton Centre

220 Yonge St.
416-979-9373

Carries most major brands of makeup, skin care and fragrances. Pharmacy and post office.

[MAC Cosmetics](#) / Queen St. W.

363 Queen St. W.
416-979-2171

A Toronto original that was conceived for professional makeup artists.

FOOTWEAR

[Australian Boot Company](#) / Queen St. W.

791 Queen St. W.
416-504-2411

Home of the Blundstone, R.H. Williams and UGGS boots.

[Cole Haan](#) / Yorkville

101 Bloor St. W.
416-926-7575

Footwear, handbags and accessories.

[Davids](#) / Yorkville

66 Bloor St. W. at Bay
416-920-1000

Name brand shoes, like Louboutin, Valentino and Zegna.

[John Fluevog Shoes](#) / Queen St. W.

242 Queen St. W.
416-581-1420

"Unique soles for unique souls" from Vancouver designer John Fluevog. Also at the Distillery.

[Geox](#) / Eaton Centre

220 Yonge St.
416-599-4369

An Italian brand of breathable, fashionable shoes.

[Get Outside](#) / Queen St. W.

437 Queen St. W.
416-593-5598

Running shoes, moccasins and boots for men, women and children. Brands like Bass, Converse, Frye, Hunter, Sorel and Toms.

[Heel Boy](#) / Queen St. W.

773 Queen St. W.
416-362-4335

Moderately priced stylish women's staples such as Kenneth Cole, Steve Madden and Franco Sarto, as well as accessories.

[Susanne Shoe Salon](#) / north of Yonge/Eglinton

2506 Yonge St.
416-489-3290

Well-made, comfortable, quality ladies' footwear and handbags. "Great selection and people who care."

[Town Shoes](#) / Eaton Centre

220 Yonge St.
416-979-9914

Everything from sandals and sneakers to party pumps and dressy loafers.

GIFTS / COLLECTIBLES

[AGO Store](#) / Queen St. W. area

Art Gallery of Ontario (AGO)
317 Dundas St. W.
416-979-6648

Unique gifts, prints, posters, books, toys, games, jewelry and stationery. Closed on Mondays.

[Bergo Designs](#) / Distillery

55 Mill St.
416-861-1821

Home accessories, interesting jewelry, watches, puzzles, frames and more.

[Blue Banana Market](#) / Kensington Market

250 Augusta Ave.
416-594-6600

A wide selection of one-of-a-kind gifts, jewelry, decorative home accessories and creative works of art.

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GIFTS / COLLECTIBLES *continued*

[Drake Hotel General Store](#) / Queen St. W.

1144 Queen St. W.
416-531-5042

Quirky “curiosities” and unusual Canadian souvenirs and trinkets, like a maple syrup candle in an authentic syrup tin.

[Thomas Hinds Tobacconist](#) / Yorkville

8 Cumberland St.
416-481-6909

Cigars, tobacco and smoker’s accessories.

[Kid Icarus](#) / Kensington Market

75 Nassau St.
416-977-7236

Handprinted greeting cards, stationery, journals, posters, art prints and custom screenprinted goods.

[Red Pegasus](#) / Little Italy

628 College St.
416-536-3872

Unique gifts, jewelry, housewares and cards featuring local and Canadian designs.

[Rolo](#) / Yorkville

24 Bellair Ave.
416-920-0100

Fun, entertaining, silly, unusual gizmos and interesting gifts.

[ROM Store](#) / Yorkville

Royal Ontario Museum
100 Queen’s Park
416-586-5766

Wide selection of special books, artwork, stationery, home décor and more. Closed Sundays.

[Silver Snail Comics](#) / Downtown core

329 Yonge St.
416-593-0889

The place to go for comics, action figures, graphic novels and collectibles.

[Soma Chocolatier](#) / King St. W.

443 King St. W.
416-599-7662

One of few chocolate makers to make chocolate straight from the cacao bean. “A place to eat, drink and worship chocolate.” Also at the Distillery.

[Teatro Verde](#) / Yorkville

98 Yorkville Ave.
416-966-2227

Unique decorative items, kitchen and home accessories.

[The Paper Place](#) / Queen St. W.

887 Queen St. W.
416-703-0089

A selection of decorative and handmade papers from around the world, paper crafting tools, journals and accessories.

HANDBAGS

[Coach](#) / Eaton Centre

218 Yonge St.
416-977-3090

Handbags, wallets, belts, sunglasses.

[Roots](#) / Eaton Centre

416-593-9640

Leather bags, handbags, briefcases, belts, wallets. Distinctive Canada collection of tees and sweatshirts.

[Rudsak](#) / Queen St. W.

315 Queen St. W.
416-595-9661

Born in Montreal. Supple leather goods, including handbags, laptop bags and wallets.

JEANS

[Body Blue](#) / Queen St. W.

724 Queen St. W.
416-703-7601

A denim mecca, with brands like Citizens of Humanity, Diesel, Fidelity, Mavi and Canada’s own Yoga jeans.

[Over the Rainbow](#) / Yorkville

101 Yorkville Ave.
416-967-7448

Toronto’s denim destination for more than 35 years. Citizens of Humanity, Rock & Republic, True Religion and more.

[Show Room](#) / Queen St. W.

278B Queen St. W.
416-977-3888

Sought-after Canadian labels and coveted brands.

KITCHEN / HOUSEWARES

[Bergo Designs](#) / Distillery

55 Mill St.
416-861-1821

Home accessories, clocks, games, jewelry and watches.

[Good Egg](#) / Kensington Market

267 Augusta Ave.
416-593-GOOD

For those who like to eat. Books, tchotchkes and gear for the kitchen.

[Williams-Sonoma](#) / Eaton Centre

222 Yonge St.
416-260-1255

Stylish, classic and contemporary dishes and cookware.

MEN'S

[Boomer](#) / Queen St. W.

309 Queen St. W.
416-598-0013

Small but well-stocked shop with a finger on the pulse of men's fashion.

[Simon Carter](#) / Queen St. W.

754 Queen St. W.
647-428-7545

A branch of the UK label, with fine British clothing for men – shirts and suits plus cufflinks, watches and accessories.

[Gotstyle](#) / King St. W.

62 Bathurst St. at Wellington St.
21 Trinity St.
416-260-9696

"Modern, refined looks for every occasion." Fashion-forward business, casual and formal wear. Also at the Distillery.

[Grreat Stuff](#) / Queen St. W.

870 Queen St. W.
416-533-7680

Casual and dress shirts and pants, sweaters, suits, jackets, accessories. Closed Mondays.

[Harry Rosen](#) / Eaton Centre

218 Yonge St.
416-598-1720

Classic and fashion-forward suits, cashmere sweaters, silk ties and elegant casual wear.

[Model Citizen](#) / Kensington Market

279 Augusta Ave.
416-553-6632

Vintage piece, clothing made by Canadian designers, silk-screened tees. Signature pieces are blazers. Suits, hats, belts, bowties and more.

[Uncle Otis](#) / Yorkville

26 Bellair St.
416-920-2281

"Purveyors of fine style." British, American and French brands, with tees, shirts, shoes and eyewear.

MUSIC

[Around Again Records](#) / Downtown core

18 Baldwin St.
416-979-2822

New and used vinyl records and a massive selection of CDs. "Recommended especially if you love jazz and vinyl."

[Soundscapes](#) / Little Italy

572 College St.
416-537-1620

An independent CD, vinyl, DVD and music book retailer. One of Toronto's most-respected and loved music shops.

PHOTOGRAPHY

[Downtown Camera](#) / Downtown core

55 Queen St. E.
416-363-1749

Cameras, lenses, filters, memory, batteries, bags and more. Staff know cameras and understand your needs.

UNISEX / SPORTSWEAR

[Club Monaco](#) / Yorkville

157 Bloor St. W.
416-591-8837

Fashion must-haves and timeless classics.

[Fred Perry](#) / Queen St. W.

964 Queen St. W.
416-538-3733

The iconic UK label's first Canadian outpost.

[French Connection](#) / Eaton Centre

250 Yonge St.
416-640-2755

Affordable trendy clothing with European flair.

[H&M](#) / Eaton Centre

1 Dundas St. W.
416-593-0064

Translates runway trends into affordable fashions.

[Lavish&Squalor](#) / Queen St. W.

253 Queen St. W. just west of University Ave.
416-599-4779

Interesting mix of clothing (vintage finds and edgy street fashions), jewelry and more. The shop also features local artists, and you can relax upstairs with a cup of coffee/tea.

[Lululemon](#) / Eaton Centre

218 Yonge St.
416-587-0422

BC-based chain famous for flattering yoga-inspired clothing.

[Mountain Equipment Co-Op \(MEC\)](#) / King St. W.

400 King St. W.
416-340-2667

Clothing and gear for people passionate about the outdoors, climbing, camping, biking, snow sports and more.

[Nike Store](#) / Eaton Centre

220 Yonge St.
416-591-0325

Canada's flagship Nike store, with three floors and 23,000 square feet of Nike products.

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UNISEX / SPORTSWEAR **continued**

[TNT](#) / Yorkville

87 Avenue Rd. at Yorkville Ave.
416-975-1810

Short for “The New Trend,” TNT offers fashion straight out of Vogue for men and women.

[Urban Outfitters](#) / Downtown core

235 Yonge St.
416-214-1466

Jeans and t-shirts. Check the sale rack.

[Winners](#) / Yorkville

110 Bloor St. W.
416-920-0193

Department-store quality and savings up to 60 per cent off retail. Like U.S. chain TJ Maxx.

WOMEN'S

[Ani + Wren](#) / North Toronto

1172 Yonge St. (near Summerhill subway station)
416-944-1260

Stylish maternity wear and accessories, plus great baby shower gifts.

[Aritzia](#) / Eaton Centre

220 Yonge St.
416-204-1318

The latest trends, from tees and sweaters to lingerie and dresses.

[Bergstrom Originals](#) / well east of downtown but highly recommended

781 Queen St. E.
416-595-7320

A line of quality streamlined clothing with a Nordic flair, designed by Christina Bergstrom and made in Toronto. Colourful, comfortable and stylish footwear.

[Cat's Meow](#) / Yorkville

180 Avenue Rd.
647-435-5875

Vintage couture and designer wear and accessories.

[Champagne & Cupcakes](#) / Queen St. W.

690 Queen St. W.
416-533-2253

Find the perfect little dress here, plus lingerie and jewelry. The cupcakes are cleverly packaged bubble bath bombs.

[Comrags](#) / Downtown core

812 Dundas St. W.
416-360-7249

Among Canada's most well-known designers. Impeccably cut jackets, skirts and dresses. Made in Canada.

[Courage My Love](#) / Kensington Market

14 Kensington Ave. at Dundas
416-979-1992

Vintage. Cheap, quirky, fashionable.

[Divine Decadence](#) / Yorkville

128 Cumberland
416-324-9759

Vintage couture. Party frocks, evening purses and jewelry.

[Eleven](#) / Yorkville

116 Cumberland
416-966-3935

Unique pieces by Canadian designers, including Joeffer Caoc and Linda Lundstrom.

[Fresh Baked Goods](#) / Kensington Market

274 Augusta Ave.
416-966-0123

Fashion, jewelry and accessories by a collective of about 30 Toronto designers.

[Girl Friday](#) / West Queen West

740 Queen St. W.
416-364-2511

Modern, feminine clothes handpicked by local designer Rebecca Nixon.

[Gussied Up](#) / Annex

1090 Bathurst St.
647-352-7587

Fashion-forward clothing for plus-sized women.

[I Miss You](#) / Queen St. W.

63 Ossington Ave.
416-916-7021

Vintage formalwear. Haute couture gowns, beaded purses, pillbox hats.

[Jacob](#) / Eaton Centre

220 Yonge St.
416-977-7602

Montreal-based retailer offering updated classics and smart fashion.

[Betsey Johnson](#) / Yorkville

102 Yorkville Ave.
416-922-8164

Frisly, girlie, playful clothes.

[Lileo](#) / Distillery

55 Mill St., Building #35
416-413-1410

Fairly traded goods and organic lines for fussy fashion lovers with a social conscience.

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WOMEN'S continued

[Mendocino](#) / Eaton Centre

220 Yonge St.

416-595-5226

“Cutting-edge global fashion and the most-wanted brands.”

[Preloved](#) / Queen St. W.

Preloved creates one-of-a-kind clothing from reclaimed vintage fabrics. New collections include a home line, accessories and a children's line.

PAMPERING SERVICES

[Benefit Brow Bar](#) / Yorkville

50 Bloor St. W. at Bay

416-922-2333

Brow shaping, tinting and waxing. Body waxing, airbrush tan, makeup application.

[Sweet Grass Spa](#) / Downtown core

111e Queen St. E. (east of Yonge St.)

647-986-5300

Facials, massage, manicures, pedicures, hair removal, eyelash extensions.

[Body Blitz](#) / Queen St. W.

471 Adelaide St. W. (west of Spadina)

416-364-0400

Women only. Therapeutic water treatment, body scrubs, mud and massage treatments.

[Ten Spot](#) / Queen St. W.

749 Queen St. W.

416-915-1010

Manicures, pedicures, waxing, facials.

[The Great American Backrub](#) / Eaton Centre

416-963-0101

Massage therapy, including quick 10- or 20-minute back or foot rubs.

[Waxon Waxbar](#) / Downtown core

120 Adelaide St. W., Unit R11

416-551-7929

Express facial waxing, threading and tinting. Closed on weekends. In the Richmond-Adelaide Centre PATH.

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Map courtesy of Tourism Toronto. Not to scale.

